

Club 5k Handicap

Aug

31/8/23

Finish Posn	Name	Start Time	Finish Time	Run Time	Run Time Rank	Gender Rank	Age Grade	Age Grade Rank	H 'cap Points	
1	Ben Rees-Jones	15:00	37:29	22:29	14	13	62.5%	26	1	1st O
2	Sophie Elloy	04:30	38:03	33:33	46	12	44.9%	48	2	2nd O
3	Helen Nance	06:00	38:27	32:27	44	11	64.9%	20	3	3rd O
4	Jim Sell	05:30	38:33	33:03	45	34	64.3%	21	4	
5	Kate Murphy	03:15	38:40	35:25	48	13	43.0%	49	5	
6	Julie Haworth	14:00	38:44	24:44	22	3	79.6%	1	6	3rd F
7	Ingrid Wagner	06:30	38:45	32:15	43	10	55.3%	41	7	
8	Graham Mortimer	07:00	39:04	32:04	41	33	60.6%	32	8	
9	Merran Sell	07:00	39:06	32:06	42	9	75.0%	4	9	
10	Kevin Jones	10:00	39:14	29:14	36	30	57.3%	38	10	
11	Martin Vivian	19:15	39:16	20:01	6	6	74.8%	5	11	
12	Ashleigh Lezard	15:00	39:20	24:20	19	2	65.0%	19	12	2nd F
13	Neil Mitchell	17:30	39:25	21:55	12	12	74.3%	6	13	
14	Ian Hawkes	18:00	39:33	21:33	9	9	73.0%	10	14	
15	Simon Moore	15:00	39:37	24:37	21	19	63.9%	22	15	
16	Helen Brett	09:15	39:43	30:28	39	8	65.5%	18	16	
17	Mike Hutchinson	12:15	39:45	27:30	31	27	59.8%	35	17	
18	Pavel Przepiorski	18:45	39:46	21:01	7	7	62.1%	28	18	
19	Sue Hobbs	10:30	39:52	29:22	37	7	69.8%	13	19	
20	Libby Ferguson	17:30	39:52	22:22	13	1	73.7%	8	20	1st F
21	Crispin Allen	20:30	39:53	19:23	4	4	77.8%	2	21	
22	Duncan McConnell	20:15	39:56	19:41	5	5	67.7%	16	22	
23	Richard Steeden	09:15	40:02	30:47	40	32	50.3%	46	23	Closest
24	Alex Wilson	21:00	40:03	19:03	3	3	N/A			3rd M
25	David Scotten	17:30	40:05	22:35	15	14	61.7%	29	24	
26	Alastair Hall	21:45	40:07	18:22	1	1	71.1%	11	25	1st M
27	Dean Tyler	16:00	40:09	24:09	18	17	62.5%	27	26	
28	Chance Rowan	18:45	40:10	21:25	8	8	67.1%	17	27	
29	Simon Mumme	21:45	40:10	18:25	2	2	74.0%	7	28	2nd M
30	Glynda Mortimer	01:15	40:13	38:58	49	14	59.9%	34	29	
31	Maxine Kelly	01:15	40:13	38:58	50	15	58.1%	37	30	
32	Sarah Randall	12:30	40:15	27:45	33	5	62.8%	25	31	
33	Timothy Bruce	13:30	40:22	26:52	28	24	58.6%	36	32	
34	David Venter	15:00	40:24	25:24	27	23	60.4%	33	33	
35	Paul Keeler	13:00	40:31	27:31	32	28	63.4%	23	34	
36	Mark Manners	17:30	40:32	23:02	16	15	68.3%	15	35	
37	Ed Randall	12:30	40:38	28:08	34	29	55.0%	42	36	
38	Ian Robertson	18:45	40:39	21:54	11	11	73.1%	9	37	
39	Nigel Clemens	11:00	40:41	29:41	38	31	53.5%	43	38	
40	Andrew Allen	16:30	41:05	24:35	20	18	69.4%	14	39	
41	Phil Hammett	17:45	41:07	23:22	17	16	70.4%	12	40	
42	Ramona Thevenet	16:15	41:11	24:56	25	4	77.0%	3	41	
43	Simon Webb	16:30	41:14	24:44	24	20	55.9%	39	42	
44	Simon Brazil	16:30	41:14	24:44	23	21	63.1%	24	43	
45	Tim Wood	07:30	41:35	34:05	47	35	51.8%	44	44	
46	Alexandra Mason	12:45	41:39	28:54	35	6	61.0%	30	45	

47	Nick Goodchild	15:00	42:19	27:19	29	25	55.7%	40	46
48	Richard Baggott	20:30	42:20	21:50	10	10	60.6%	31	47
49	James Isberg	18:30	43:39	25:09	26	22	51.1%	45	48
50	Matt Parker	17:30	44:51	27:21	30	26	50.2%	47	49