

# 2023 Club 5k Handicap

April

27/4/23

| Finish Posn | Name             | Start Time | Finish Time | Run Time | Run Time Rank | Gender Rank | Age Grade | Age Grade Rank | H 'cap Points | SGP Points |
|-------------|------------------|------------|-------------|----------|---------------|-------------|-----------|----------------|---------------|------------|
| 1           | James Isberg     | 16:00      | 37:32       | 21:32    | 9             | 8           | 59.7%     | 32             | --            | 29         |
| 2           | Chance Rowan     | 14:45      | 37:34       | 22:49    | 16            | 13          | 63.0%     | 25             | 1             | 24         |
| 3           | Roy Reeder       | 19:00      | 38:10       | 19:10    | 3             | 3           | 80.7%     | 3              | 2             | 33         |
| 4           | Chrissie Glew    | 07:30      | 39:00       | 31:30    | 40            | 12          | 66.0%     | 21             | 3             | 25         |
| 5           | James Darby      | 19:30      | 39:01       | 19:31    | 5             | 5           | N/A       | 43             | --            |            |
| 6           | Ramona Thevenet  | 14:45      | 39:05       | 24:20    | 25            | 6           | 78.9%     | 5              | 4             | 31         |
| 7           | Libby Ferguson   | 18:00      | 39:11       | 21:11    | 8             | 1           | 77.8%     | 6              | 5             | 35         |
| 8           | Richard Barman   | 15:15      | 39:13       | 23:58    | 23            | 18          | 65.1%     | 22             | 6             | 19         |
| 9           | Matt Parker      | 14:00      | 39:14       | 25:14    | 27            | 21          | 54.4%     | 34             | 7             | 16         |
| 10          | Pamela McHutchon | 14:00      | 39:21       | 25:21    | 28            | 7           | 74.8%     | 8              | 8             | 30         |
| 11          | Rachel Simpson   | 17:30      | 39:25       | 21:55    | 11            | 2           | 75.2%     | 7              | 9             | 34         |
| 12          | Peter Wedderburn | 13:45      | 39:28       | 25:43    | 29            | 22          | 69.6%     | 14             | 10            | 15         |
| 13          | Alma Dedic       | 11:45      | 39:29       | 27:44    | 33            | 9           | 57.6%     | 33             | 11            | 28         |
| 14          | Ian Hawkes       | 17:30      | 39:30       | 22:00    | 12            | 10          | 71.5%     | 10             | 12            | 27         |
| 15          | Jim Sell         | 00:00      | 39:31       | 39:31    | 42            | 29          | 53.8%     | 35             | 13            | 10         |
| 16          | Gail Caruana     | 10:30      | 39:36       | 29:06    | 35            | 10          | 66.8%     | 19             | 14            | 27         |
| 17          | Nick Goodchild   | 15:15      | 39:44       | 24:29    | 26            | 20          | 62.1%     | 28             | 15            | 17         |
| 18          | Duncan McConnell | 20:00      | 39:46       | 19:46    | 6             | 6           | 67.5%     | 17             | 16            | 31         |
| 19          | Crispin Allen    | 21:00      | 39:47       | 18:47    | 2             | 2           | 79.7%     | 4              | 17            | 34         |
| 20          | Livia Munaretto  | 16:00      | 39:48       | 23:48    | 19            | 4           | 63.6%     | 24             | 18            | 33         |
| 21          | Pete Gregorowski | 22:30      | 39:49       | 17:19    | 1             | 1           | 81.8%     | 1              | 19            | 35         |
| 22          | Steven Giddings  | 16:00      | 39:51       | 23:51    | 20            | 16          | 66.5%     | 20             | 20            | 21         |
| 23          | Mark Sutherland  | 13:00      | 39:52       | 26:52    | 31            | 23          | 67.6%     | 16             | 21            | 14         |
| 24          | Andrew Allen     | 16:00      | 39:56       | 23:56    | 21            | 17          | 70.6%     | 11             | 22            | 20         |
| 25          | Simon Webster    | 17:30      | 40:03       | 22:33    | 14            | 12          | 61.8%     | 30             | 23            | 25         |
| 26          | Ian Robertson    | 18:15      | 40:08       | 21:53    | 10            | 9           | 73.2%     | 9              | 24            | 28         |
| 27          | Janet Robinson   | 13:30      | 40:09       | 26:39    | 30            | 8           | 67.0%     | 18             | 25            | 29         |
| 28          | Donald Bell      | -00:01     | 40:11       | 41:11    | 43            | 30          | 51.6%     | 36             | 26            | 10         |
| 29          | Richard Steeden  | 09:30      | 40:13       | 30:43    | 36            | 26          | 49.9%     | 39             | 27            | 12         |

