

Club 5k Handicap

July

20/7/23

Finish Posn	Name	Start Time	Finish Time	Run Time	Run Time Rank	Gender Rank	Age Grade	Age Grade Rank	H 'cap Points	
1	Emily Barrow	15:00	38:05	23:05	29	4	64.2%	40	1	1st O
2	Helen Nance	05:00	38:10	33:10	58	17	63.5%	42	2	2nd O
3	Anna-Marina Dearsley	07:30	38:16	30:46	54	15	53.0%	60	3	3rd O
4	Chris Berry	15:30	38:18	22:48	28	25	58.9%	50	4	
5	Ingrid Wagner	05:00	38:20	33:20	59	18	53.5%	59	5	
6	Tom Bucke	10:30	38:23	27:53	50	37	56.0%	54	6	
7	Andrew McIntosh	14:00	38:24	24:24	34	28	54.7%	55		
8	Glynda Mortimer	00:00	38:43	38:43	60	19	60.3%	49	7	
9	Maxine Kelly	00:00	38:44	38:44	61	20	58.4%	53	8	
10	Leonie Kennedy	18:30	38:45	20:15	12	1	72.8%	12	9	1st F
11	Chris Evans	13:00	38:47	25:47	41	32	49.8%	62		
12	Eddie Robertson	13:00	38:50	25:50	42	33	66.0%	34	10	
13	Ed Randall	10:30	38:56	28:26	51	38	54.4%	57	11	
14	Alastair Hall	20:15	39:00	18:45	5	5	69.6%	20	12	
15	Simon Webster	18:00	39:02	21:02	16	15	66.3%	32	13	
16	Anne Woods	11:30	39:03	27:33	48	12	68.8%	21	14	
17	Ian Riley	21:45	39:04	17:19	3	3	76.5%	6	15	3rd M
18	Tim Wood	06:45	39:05	32:20	56	41	54.6%	56	16	
19	Dave Venter	14:00	39:06	25:06	38	31	61.1%	48	17	
20	Joshua Ingold	21:15	39:08	17:53	4	4	72.6%	13	18	
21	Richard Bowes	19:00	39:11	20:11	10	10	68.0%	25	19	
22	Alice Bucke	14:00	39:12	25:12	40	9	58.5%	52		
23	Sue Hobbs	10:00	39:19	29:19	53	14	69.9%	18	20	
24	Merran Sell	06:15	39:20	33:05	57	16	72.8%	11	21	
25	Pamela McHutchon	14:30	39:20	24:50	36	7	77.3%	5	22	
26	Antony Maxwell	17:00	39:22	22:22	24	21	68.6%	22	23	
27	Matt Parker	17:00	39:24	22:24	25	22	61.3%	47	24	
28	Wendy Stokes	14:15	39:25	25:10	39	8	68.5%	23	25	
29	Michael Holden	13:00	39:27	26:27	44	35	69.7%	19	26	
30	Rachel Simpson	17:15	39:28	22:13	22	3	74.2%	9	27	3rd F
31	Steven Clelland	19:30	39:29	19:59	9	9	67.7%	26	28	
32	Pavel Przepiorski	19:15	39:30	20:15	12	12	64.5%	39	29	
33	Gareth Pritchard	17:00	39:31	22:31	26	23	67.0%	30	30	
34	Mark Manners	17:15	39:32	22:17	23	20	70.6%	17	31	
35	Patricia Ronksley	17:30	39:32	22:02	21	2	87.1%	1	32	2nd F
36	Dean Tyler	15:30	39:42	24:12	33	27	62.4%	46	33	
37	Janet Robinson	12:45	39:44	26:59	45	10	66.9%	31	34	
38	Sue Waters	12:00	39:46	27:46	49	13	65.8%	35	35	
39	Ed Mason	20:00	39:47	19:47	8	8	65.0%	37	36	
40	Adam Davies	19:30	39:51	20:21	14	13	63.3%	43	37	
41	John Beer	16:00	39:52	23:52	32	26	75.0%	8	38	
42	Peter Wedderburn	13:30	39:56	26:26	43	34	67.7%	27	39	
43	Ramona Thevenet	16:15	39:57	23:42	31	6	81.0%	3	40	
44	Tom Haworth	19:45	39:57	20:12	11	11	63.7%	41	41	
45	Duncan McConnell	20:15	39:58	19:43	7	7	67.6%	28	42	
46	Pete Gregorowski	22:45	39:58	17:13	2	2	82.2%	2	43	2nd M

47	Tony Addison	11:15	40:01	28:46	52	39	58.7%	51	44	Closest
48	David Brewin	15:00	40:02	25:02	37	30	67.5%	29	45	
49	Jacintha Bailey	16:30	40:04	23:34	30	5	62.5%	45	46	
50	Jim Lurkins	23:00	40:05	17:05	1	1	76.0%	7	47	1st M
51	Neil Carrington	18:30	40:07	21:37	17	16	68.1%	24	48	
52	Lea Rochester	17:30	40:10	22:40	27	24	70.6%	16	49	
53	Alexandra Mason	13:15	40:15	27:00	46	11	65.3%	36	50	
54	Donald Bell	00:00	40:16	40:16	62	42	54.2%	58	51	
55	Mark Sutherland	13:00	40:24	27:24	47	36	66.2%	33	52	
56	Crispin Allen	21:00	40:26	19:26	6	6	77.6%	4	53	
57	Ian Hawkes	18:30	40:28	21:58	19	18	71.6%	15	54	
58	Ian Robertson	18:30	40:29	21:59	20	19	72.8%	10	55	
59	Richard Steeden	10:00	40:49	30:49	55	40	50.2%	61	56	
60	John Cheal	20:00	40:55	20:55	15	14	72.1%	14	57	
61	David Sheldon	19:15	41:05	21:50	18	17	64.8%	38	58	
62	Simon Brazil	17:00	41:42	24:42	35	29	63.2%	44	59	
63	Bert Kidwell	00:00	46:26	46:26	63	43	39.7%	63	60	