

# SEAA Road Relay Championships

24/9/22

## Senior Men

[Full Results](#)

Gun Time 02:06:11  
Distance 36.0 KM  
Speed 17.12 km/h  
Pace 03:30 min/km

Overall position 11/14

LEG	LEG TIME	POS	TOTAL TIME	NAME
leg1	00:21:04	13	00:21:04	Ian Riley
leg2	00:20:54	13	00:41:58	Chi Ming Wu
leg3	00:22:35	12	01:04:33	Alastair Hall
leg4	00:19:36	11	01:24:08	Robert Eveson
leg5	00:21:37	11	01:45:45	Alexander Keeler
leg6	00:20:27	11	02:06:11	Scott Singleton

## M40

Gun Time 01:41:27  
Distance 24.0 KM  
Speed 14.2 km/h  
Pace 04:14 min/km

Overall position 8/9

LEG	LEG TIME	POS	TOTAL TIME	NAME
leg1	00:25:39	9	00:25:39	Stuart Hambling
leg2	00:24:12	8	00:49:51	Richard Bowes
leg3	00:24:44	8	01:14:34	Andrew Hoseason
leg4	00:26:53	8	01:41:27	Simon Webb

Overall position

## M50

Gun Time 01:38:19  
Distance 24.0 KM  
Speed 14.65 km/h  
Pace 04:06 min/km

Overall position 2/3

LEG	LEG TIME	POS	TOTAL TIME	NAME
leg1	00:24:18	3	00:24:18	Philip Hammett
leg2	00:24:04	2	00:48:21	Scott Forsyth
leg3	00:26:03	2	01:14:23	Ian Hawkes
leg4	00:23:57	2	01:38:19	Gareth Pritchard