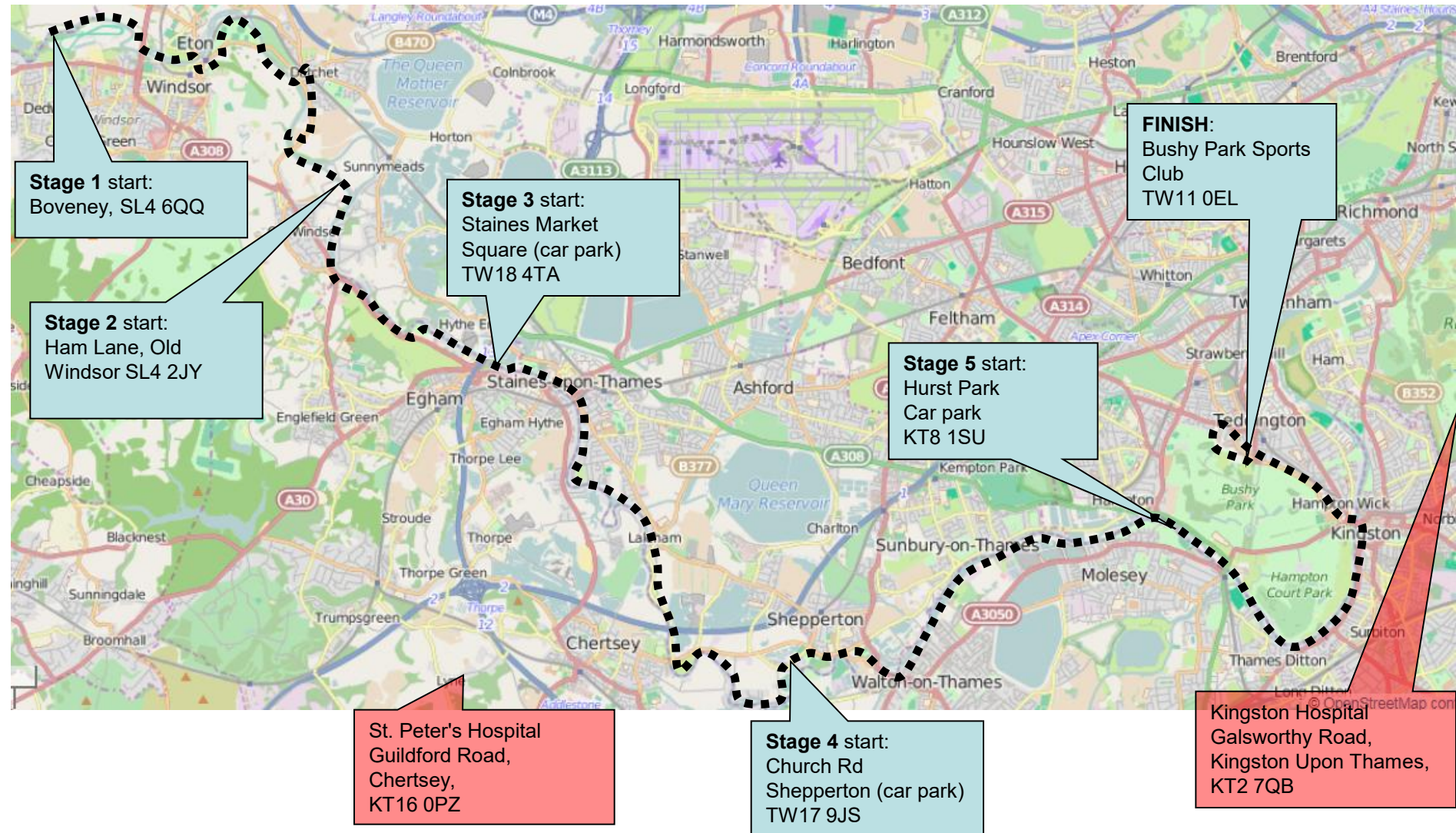


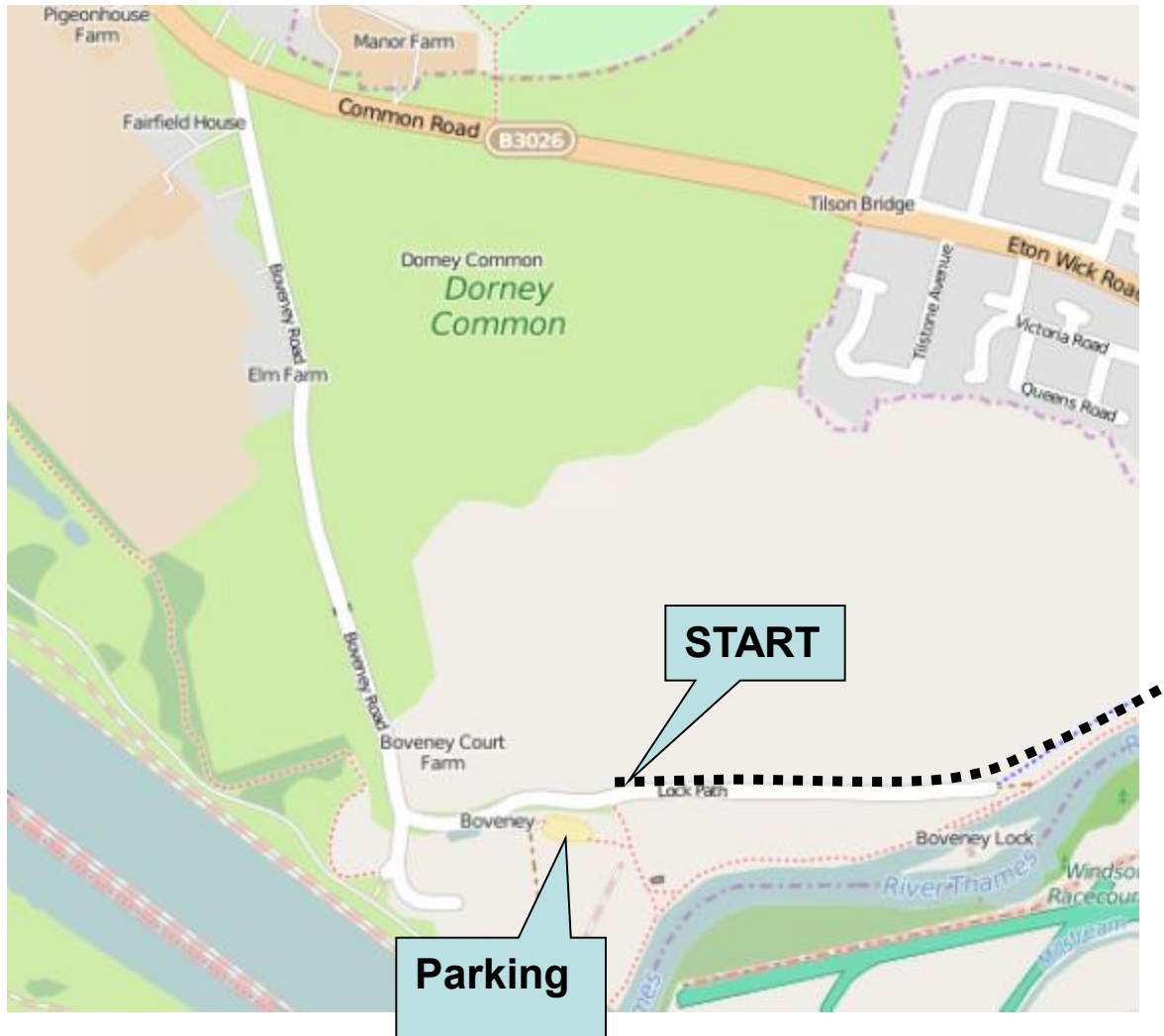


The River Relay Full Course Map

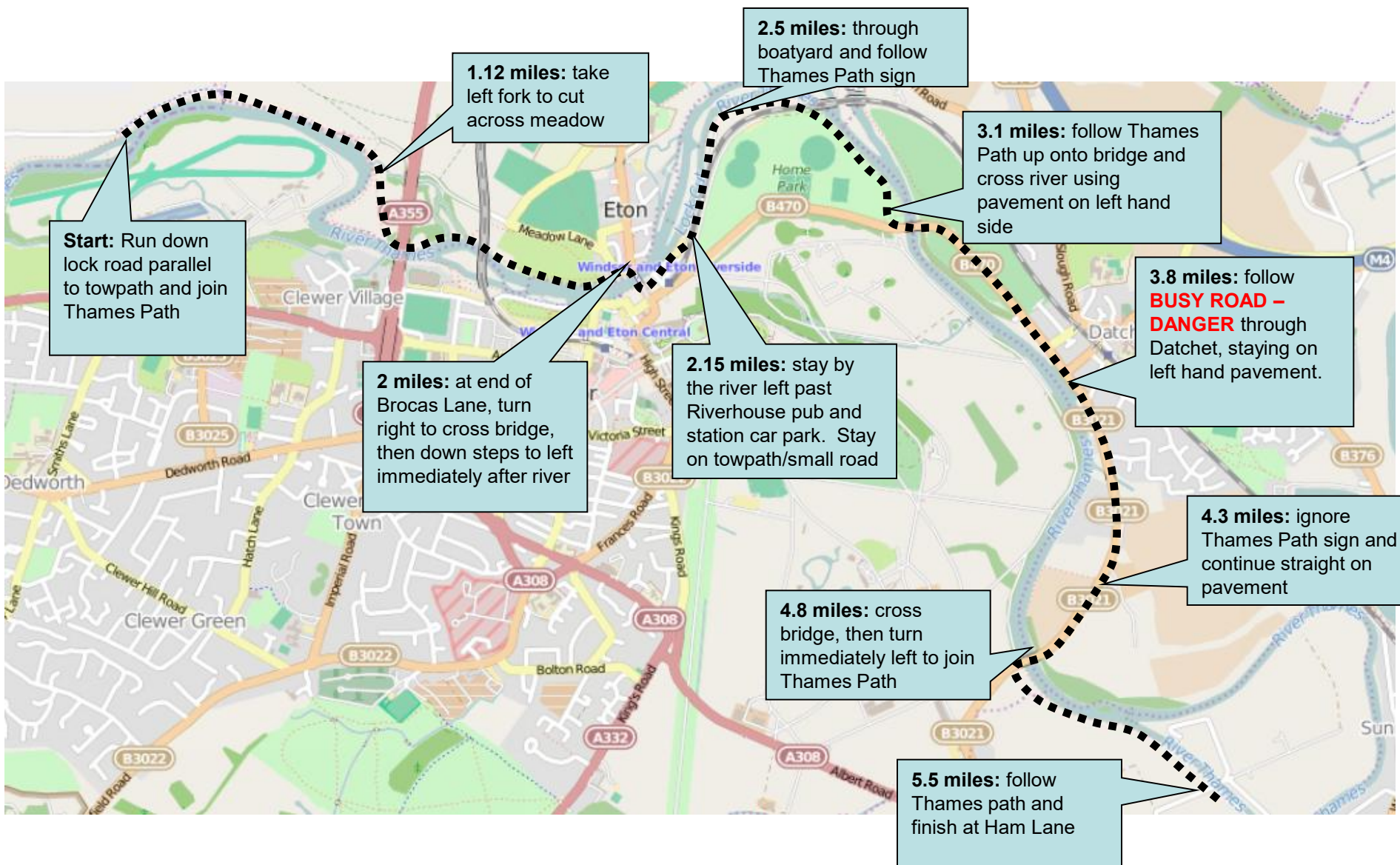


The River Relay Getting To The Start

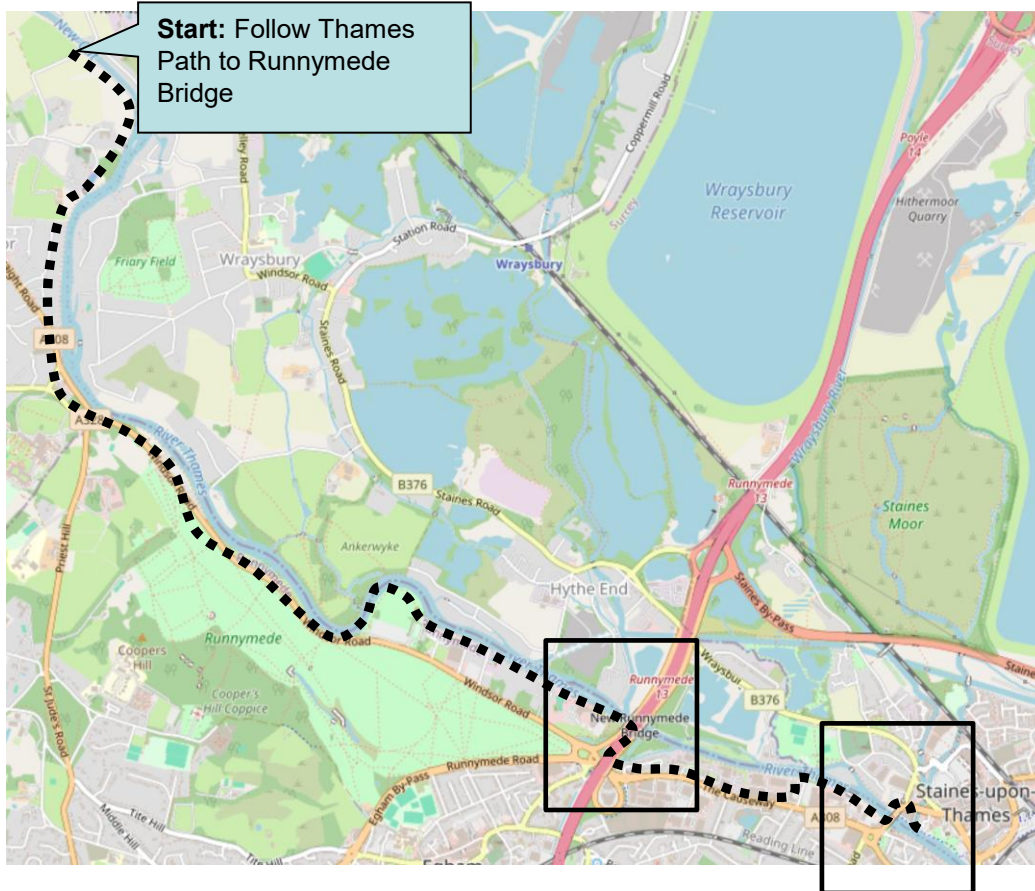
Start time: 9am



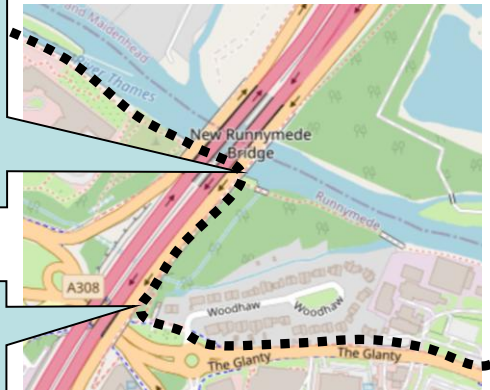
Stage 1 – Boveney to Staines (5.6 Miles)



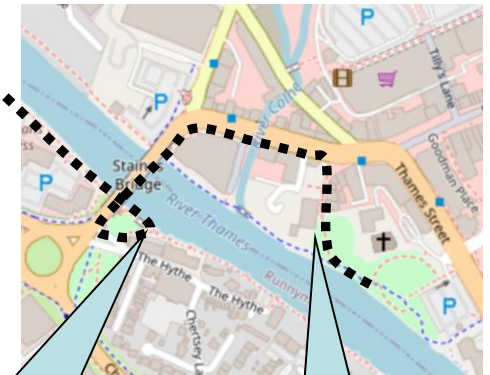
Stage 2 – Ham Lane to Staines Bridge 4.6 Miles



3.4m: immediately after road bridge, take steep path up to BUSY ROAD, climb over barrier to pavement



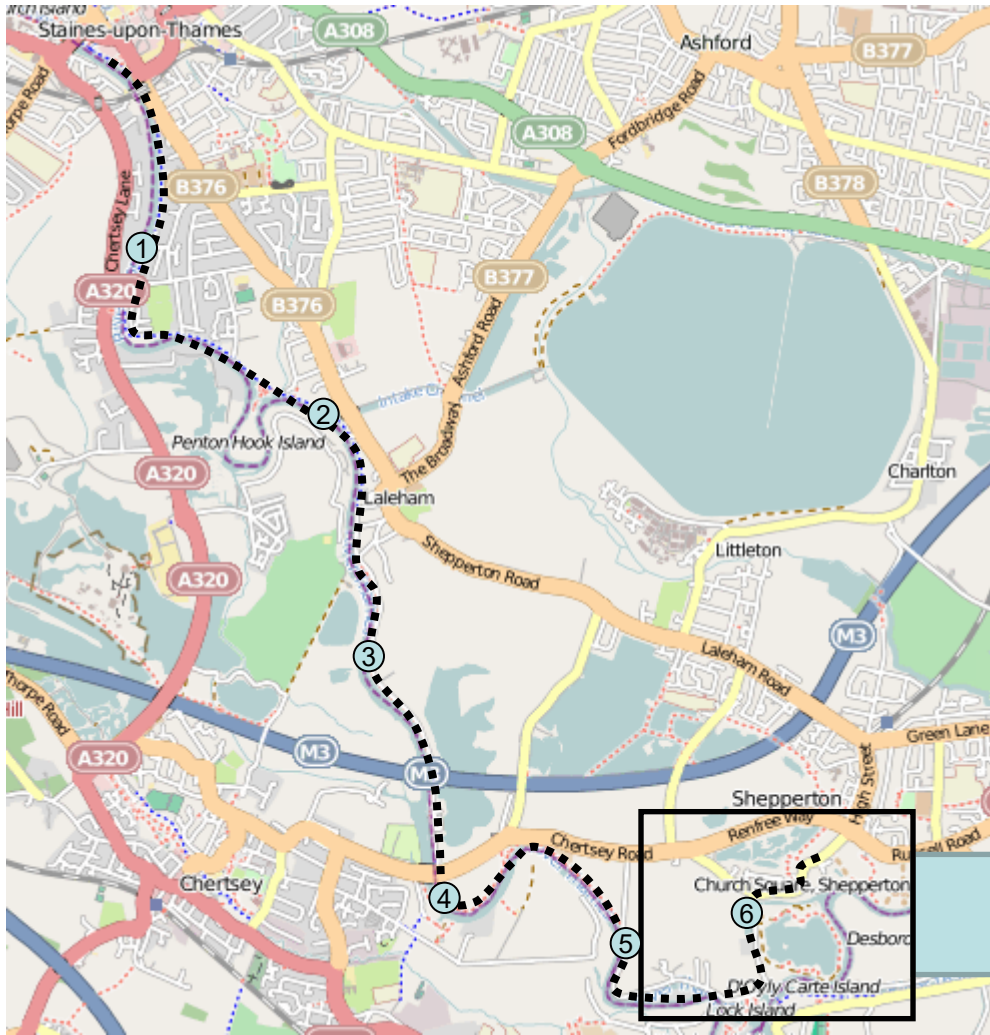
3.5m: Take footpath on left down to join cycle path along road



4.4m: pass under Staines road bridge, then take steps immediately to right, cross bridge, follow road as it bears right

4.6m: before Town Hall turn right to market square and finish on river path

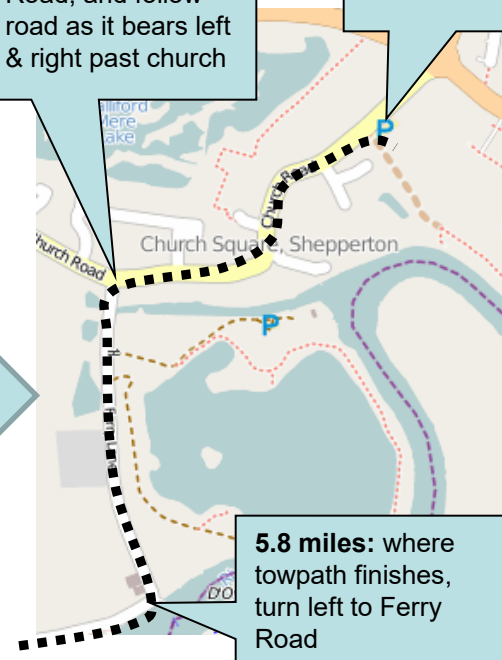
Stage 3 – Staines to Church Rd Shepperton 6.5 Miles



6.2 miles: turn right to Chertsey Road, and follow road as it bears left & right past church

6.5 miles: Finish in car park on right hand side on Church Rd

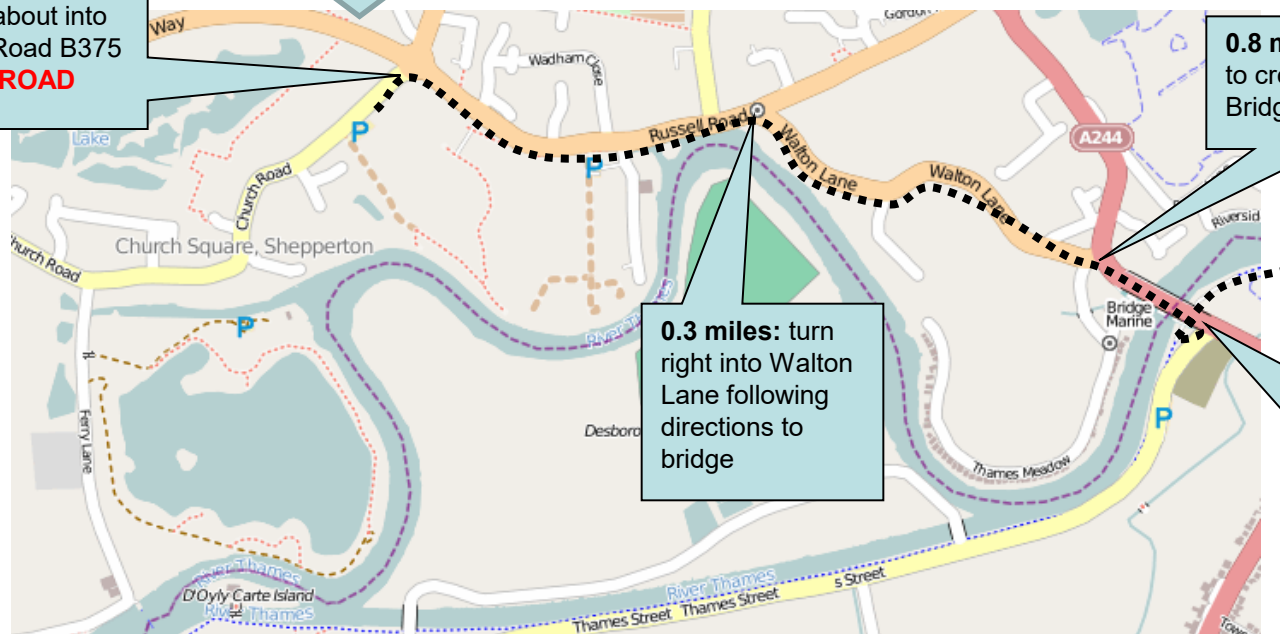
5.8 miles: where towpath finishes, turn left to Ferry Road



Stage 4 – Church Rd Shepperton to Hurst Park 4.9 Miles



0.1 miles: turn right
at roundabout into
Russell Road B375
– **BUSY ROAD**



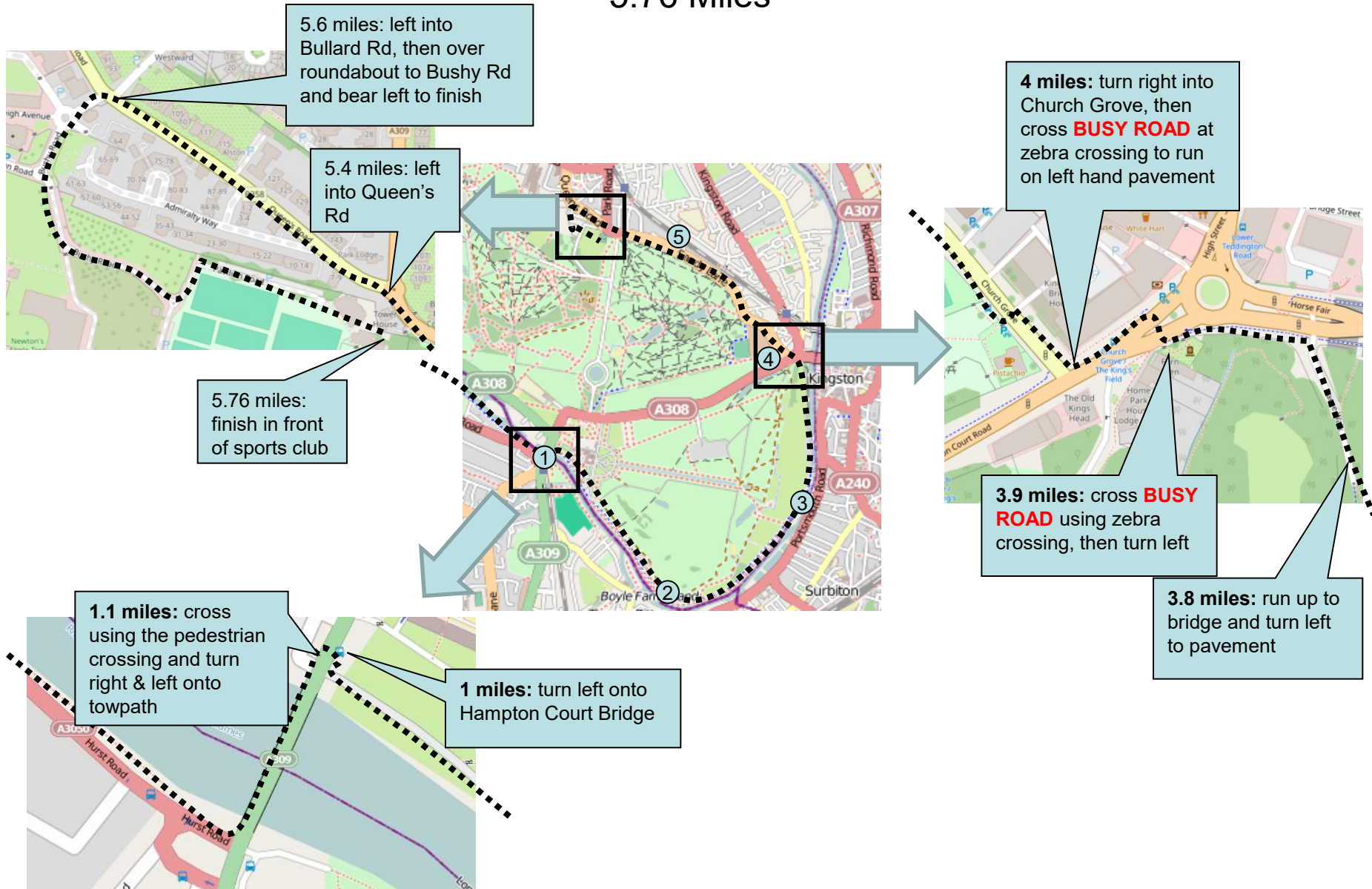
0.3 miles: turn
right into Walton
Lane following
directions to
bridge

0.8 miles: bear right
to cross Walton
Bridge

1 mile: Turn right at
end of bridge and
follow path under
bridge to rejoin
Thames path

Stage 5 – Hurst Park to Bushy Park Sports Club

5.76 Miles



Stage Summary

Stage	Start	End	Miles	Postcode	Notes
1	Boveney	Ham Lane, Old Windsor	5.7	SL4 6QQ	Start is by the gates to the tarmac lock path. There are no toilets here so please go before you get here.
2	Ham Lane	Staines Bridge	4.6	SL4 2JY	Start is on the Thames Path.
3	Staines Bridge	Church Rd Shepperton	6.5	TW18 4TA	Start is on the river by the car park near Market Square. The course follows the river to Shepperton then runs through Shepperton on some minor roads.
4	Church Rd Shepperton	Hurst Park	4.9	TW17 9JS	Start is in a car park near Shepperton square (free parking for an hour), then heads over Walton Bridge to re-join the Thames Path
5	Hurst Park	Hawker Centre	5.76	KT8 1SU	Start is on the towpath by a car park. This course follows the river the whole way, although crosses the river at Hampton Court - take care and use the crossings - and then back over at Kingston Bridge.
(finish)	Bushy Park Sports Club		27.46	TW11 0EH	Finish is at Stragglers HQ, the Hawker Centre. Plentiful parking and refreshments.

Navigation and Marshalling Points

Race Navigation:

- The course is NOT MARKED. Please read the map and use your common sense.
- The course follows the Thames Path for the whole route. The route is the same as for 2015 with a minor modification on Stage 1.
- For support cars following your runners, you really don't have much time to hang around at changeover points, especially as the running route is often more direct than the driving one.

Danger Points:

- The route uses and some busy roads, and the whole route is often busy with other events as well as the general public. Please pay attention, in particular at the following points:
- Stage 1: 3.8 miles: through Datchet, cross two road junctions
- Stage 4: 0.1 miles: turn into Russell Road
- Stage 4: 0.9 miles: cross A244 to Walton Bridge
- Stage 5: 1.1 miles: cross road at Hampton Court bridge to re-join towpath, using pedestrian crossing
- Stage 5: 3.9 miles: cross road by Kingston Bridge bridge using pedestrian crossing, then cross Church Grove