



**Clarendon School**  
A place of learning for everyone



20  
25

# IMPACT REPORT

Presented To : The Stragglers Running club

☎ 020 3146 1221

🌐 [www.clarendon.richmond.sch.uk](http://www.clarendon.richmond.sch.uk)



# Rebound Therapy

Rebound Therapy is a specialist intervention run by our Occupational Therapists and Speech and Language Therapists to boost physical skills, communication and health.

## Benefits include but are not limited to :

- Strength of limbs
- Numeracy and other cross-curricular opportunities
- Communication and connection
- Language development- following instructions
- Increased coordination and balance
- Independence and self confidence
- Muscle tone adjustment
- Freedom of movement for wheelchair users
- Stamina
- Spatial awareness
- Height and depth perception
- Increased core stability
- Stimulation of digestive system
- Improved bowel function
- Internal organ and soft tissue massage (shown above)

## IMPACT SNAPSHOT

150+

Learners using the  
equipment

2

Across two schools

2x

The number of sessions  
thanks to the new  
equipment

The new red end decks bought with your generous donation have helped bring a whole host of new benefits to these sessions.



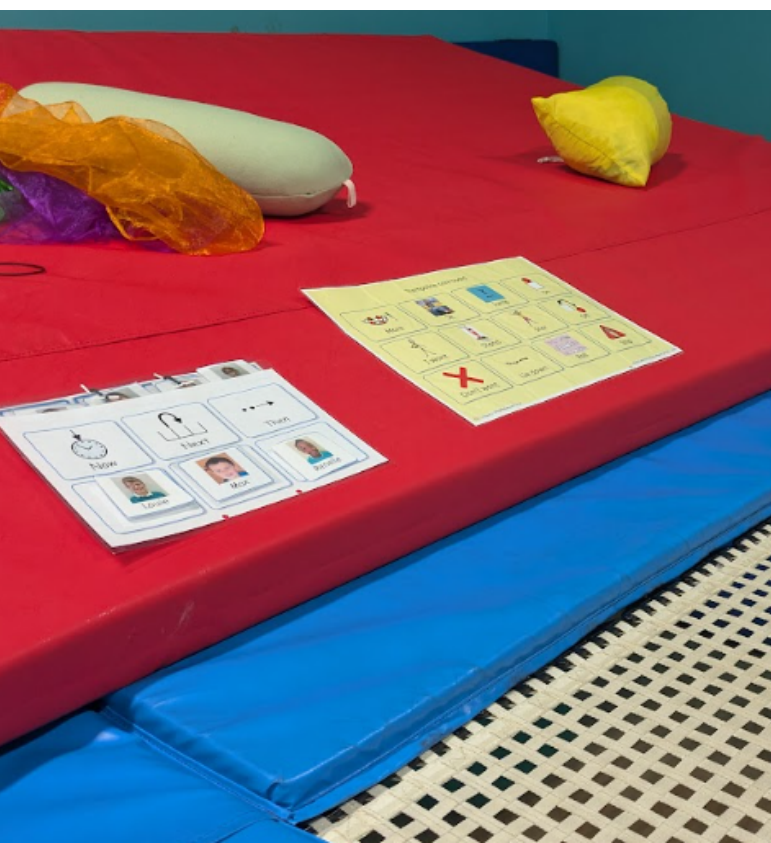
**Older blue end decks**



**New red end decks**

Having a second set of these end decks has doubled our capacity to deliver sessions as trampolining in PE and Rebound Therapy can now take place at the same time or we can have two therapy groups running simultaneously.

These end decks are a safety feature in addition to providing a place to sit for the learners while therapists demonstrate skills or vice versa. They provide an area for communication aids and visuals to aid the learners in following instructions and keeping safe.



## *Most importantly*

The previous end decks were blue, blending into the edge of the trampoline. The new red colour has transformed these sessions, increasing inclusion and better meeting the individual needs of Clarendon pupils in two main ways:

1. They provide contrast for learners with visual impairments or limited spatial awareness, increasing their safety and skill on the trampoline.
2. There are now clear visual boundaries that make instructions easier to understand and decrease challenging behaviour.

We couldn't have  
done it without your  
generous *support.*

Thank you  
to all our donors  
and volunteers.

