

STRAGGLERS 2022 LADDER

31/12/2022

Combined

Distance	Posn	Name	H	M	S	Gender	Grade	Gender Rank	Age Grade Rank	Date of Run
1 Mile	1	Scott Singleton			4 : 43	M	80.2%	1	3	24/08/2022
1 Mile	2	Crispin Allen			4 : 58	M	88.5%	2	1	14/09/2022
1 Mile	3	Andrew Simpson			5 : 6	M	79.2%	3	4	04/11/2022
1 Mile	4	David Curtin			5 : 20	M	75.7%	4	5	27/12/2022
1 Mile	5	Jacky Balfour			6 : 9	F	87.1%	1	2	27/12/2022
1 Mile	6	Mary Allen			6 : 39	F	66.4%	2	6	29/06/2022

Distance	Posn	Name	H	M	S	Gender	Grade	Gender Rank	Age Grade Rank	Date of Run
10 Miles	1	Rob Eveson			56 : 32	M	77.4%	1	10	16/10/2022
10 Miles	2	Scott Singleton			59 : 5	M	74.0%	2	18	16/10/2022
10 Miles	3	Ed Buckley			59 : 11	M	81.6%	3	6	15/04/2022
10 Miles	4	Ian Riley	1 :	0 :	4	M	73.6%	4	20	16/10/2022
10 Miles	5	Crispin Allen	1 :	0 :	29	M	83.4%	5	3	16/10/2022
10 Miles	6	Eliza Hawthorn	1 :	1 :	35	F	79.7%	1	8	16/10/2022
10 Miles	7	Andrew Simpson	1 :	1 :	58	M	74.1%	6	17	16/10/2022
10 Miles	8	Lisa Bailey	1 :	2 :	24	F	82.4%	2	4	16/10/2022
10 Miles	9	Dean Morley	1 :	4 :	46	M	80.7%	7	7	16/10/2022
10 Miles	10	Thomas Matthews	1 :	4 :	55	M	75.0%	8	15	16/10/2022
10 Miles	11	George Beck	1 :	5 :	20	M	67.0%	9	27	16/10/2022
10 Miles	12	Harri Daniel	1 :	7 :	5	F	76.1%	3	11	16/10/2022
10 Miles	13	Philip Hammett	1 :	7 :	48	M	81.6%	10	5	16/10/2022
10 Miles	14	Gareth Pritchard	1 :	9 :	17	M	72.8%	11	21	16/10/2022
10 Miles	15	Sonia Bandeira	1 :	10 :	28	F	75.4%	4	14	16/10/2022
10 Miles	16	Ian Robertson	1 :	10 :	41	M	76.0%	12	12	16/10/2022
10 Miles	17	Jacky Balfour	1 :	11 :	27	F	87.9%	5	1	22/07/1961
10 Miles	18	Ted Fraser	1 :	12 :	34	M	75.5%	13	13	16/10/2022
10 Miles	19	Ian Hawkes	1 :	13 :	7	M	72.1%	14	22	16/10/2022
10 Miles	20	Kelly Page	1 :	13 :	32	F	73.8%	6	19	16/10/2022
10 Miles	21	Katie Wright	1 :	13 :	41	F	74.5%	7	16	16/10/2022
10 Miles	22	Liz Killip	1 :	15 :	3	F	84.7%	8	2	16/10/2022
10 Miles	23	Jason Nourse	1 :	15 :	19	M	66.9%	15	28	16/10/2022
10 Miles	24	Ana Ramos	1 :	15 :	49	F	69.5%	9	24	16/10/2022
10 Miles	25	David Scotten	1 :	17 :	15	M	60.0%	16	37	16/10/2022
10 Miles	26	Phil Davies	1 :	19 :	14	M	71.2%	17	23	16/01/2022
10 Miles	27	Chris Adams	1 :	19 :	15	M	63.1%	18	32	20/11/2022
10 Miles	28	Alastair Nelson	1 :	19 :	19	M	67.1%	19	26	16/10/2022
10 Miles	29	Simon Webb	1 :	19 :	49	M	57.6%	20	40	16/01/2022
10 Miles	30	Adam Hughes	1 :	20 :	27	M	60.0%	21	36	16/10/2022
10 Miles	31	Emily Wattret	1 :	20 :	32	F	60.8%	10	33	16/10/2022
10 Miles	32	Josh Bates	1 :	20 :	47	M	60.8%	22	34	16/10/2022
10 Miles	33	Shirley Buckley	1 :	20 :	58	F	78.6%	11	9	16/10/2022
10 Miles	34	Dave Clark	1 :	22 :	33	M	65.1%	23	30	16/10/2022
10 Miles	35	Robert Hodge	1 :	23 :	18	M	60.5%	24	35	16/10/2022
10 Miles	36	John Turner	1 :	26 :	13	M	66.7%	25	29	16/10/2022

10 Miles	37	Amanda Rencontre	1 : 29 : 24	F	67.6%	12	25	16/10/2022
10 Miles	38	Patrick Bevan	1 : 32 : 59	M	53.7%	26	42	16/10/2022
10 Miles	39	Noel Kelly	1 : 35 : 5	M	59.3%	27	38	16/10/2022
10 Miles	40	Jacqueline Sinclair	1 : 35 : 14	F	63.4%	13	31	16/10/2022
10 Miles	41	Iain Bell	1 : 41 : 29	M	51.0%	28	43	16/10/2022
10 Miles	41	Sarah Bell	1 : 41 : 29	F	58.8%	14	39	16/10/2022
10 Miles	43	Sarah Adams	1 : 47 : 31	F	49.0%	15	44	16/10/2022
10 Miles	44	Sophie Frame	1 : 55 : 47	F	55.7%	16	41	16/10/2022
10 Miles	45	Neil Frame	1 : 56 : 42	M	46.5%	29	46	16/10/2022
10 Miles	46	Karen Cousins	2 : 7 : 36	F	46.7%	17	45	16/10/2022

Distance	Posn	Name	H	M	S	Gender	Grade	Gender Rank	Age Grade Rank	Date of Run
10k	1	Sonny Maund		31	: 59	M	83.2%	1	5	13/02/2022
10k	2	Rob Eveson		32	: 53	M	80.3%	2	13	13/02/2022
10K	3	Tim Jenns		33	: 49	M	85.0%	3	3	06/08/2022
10k	4	Scott Singleton		34	: 13	M	77.2%	4	27	13/02/2022
10k	5	Jim Lurkins		34	: 24	M	77.0%	5	29	13/02/2022
10k	6	Andy McArthur		34	: 25	M	77.4%	6	26	02/05/2022
10K	7	Ed Buckley		35	: 40	M	81.9%	7	8	20/08/2022
10k	8	Pete Gregorowski		35	: 51	M	79.5%	8	17	24/07/2022
10k	9	Filip Egierszдорff		36	: 14	M	78.7%	9	21	02/05/2022
10k	10	Ian Riley		36	: 20	M	73.6%	10	46	24/07/2022
10k	11	Crispin Allen		36	: 23	M	83.1%	11	6	13/02/2022
10k	12	Donovan Duffy		36	: 25	M	78.9%	12	19	26/06/2022
10K	13	Sam Hawthorn		36	: 47	M	71.8%	13	53	13/07/2022
10k	14	Andrew Simpson		36	: 59	M	74.7%	14	37	02/05/2022
10k	15	Bert Smith		37	: 2	M	76.4%	15	31	13/02/2022
10K	16	David Curtin		37	: 15	M	74.1%	16	44	19/11/2022
10k	17	Sarah Holt		37	: 18	F	83.3%	1	4	26/06/2022
10k	18	Eliza Hawthorn		37	: 38	F	79.2%	2	18	13/02/2022
10k	19	Alex Keeler		38	: 18	M	68.9%	17	66	02/05/2022
10k	20	Chi Ming Wu		38	: 51	M	73.4%	18	47	13/02/2022
10k	21	Thomas Matthews		39	: 10	M	74.6%	19	39	26/06/2022
10k	22	Roy Reeder		39	: 14	M	79.8%	20	16	26/06/2022
10k	23	Dean Morley		39	: 31	M	79.9%	21	15	13/02/2022
10k	24	David Maund		39	: 43	M	74.2%	22	43	24/04/2022
10k	25	Danny Glebocki		39	: 48	M	66.6%	23	78	26/06/2022
10k	26	Sarah Kinsella		39	: 51	F	77.5%	3	25	26/06/2022
10k	27	Harri Daniel		40	: 2	F	77.6%	4	24	26/06/2022
10k	28	Steve Smith		40	: 25	M	82.6%	24	7	26/06/2022
10K	29	Jacky Balfour		40	: 34	F	94.8%	5	1	25/09/2022
10k	30	Tiago Ramos		41	: 0	M	69.0%	25	65	26/06/2022
10k	31	Richard Bowes		41	: 2	M	67.3%	26	72	24/04/2022
10k	32	Philip Hammett		41	: 35	M	80.3%	27	14	24/07/2022
10k	33	Laurence Duffy		41	: 36	M	78.7%	28	20	02/05/2022
10k	34	Pam Whitter		41	: 50	F	93.1%	6	2	02/05/2022
10k	35	John Cheal		42	: 7	M	72.4%	29	50	24/04/2022
10k	36	Tom Howarth		42	: 12	M	62.6%	30	99	13/02/2022
10k	37	Gareth Pritchard		42	: 16	M	71.5%	31	57	26/06/2022

10k	37	Sue Hall	42 : 16	F	81.5%	7	9	24/07/2022
10k	39	Liz Fraser	42 : 26	F	71.6%	8	55	26/06/2022
10k	40	Richard Kennedy	42 : 27	M	77.2%	32	28	02/05/2022
10k	41	Aaron Israel	42 : 37	M	69.1%	33	64	24/04/2022
10k	42	Malcolm Fletcher	42 : 42	M	78.2%	34	22	26/06/2022
10k	43	Kevin Price	42 : 50	M	73.7%	35	45	13/02/2022
10k	43	Libby Ferguson	42 : 50	F	77.8%	9	23	26/06/2022
10k	45	Martin Vivian	43 : 3	M	70.2%	36	60	24/04/2022
10k	46	Richard Carter	43 : 15	M	66.4%	37	79	26/06/2022
10k	47	Lex Prince	43 : 17	F	72.8%	10	48	13/02/2022
10K	48	Julia Snaith	43 : 21	F	71.7%	11	54	23/02/2022
10k	49	Denis Mustafa	43 : 24	M	72.1%	38	52	24/07/2022
10k	50	Ian Robertson	43 : 37	M	74.4%	39	40	24/07/2022
10k	51	Simon Webb	43 : 42	M	63.7%	40	91	24/04/2022
10k	52	Nick Brown	43 : 46	M	72.1%	41	51	13/02/2022
10k	53	Steven Clelland	43 : 47	M	62.1%	42	101	13/02/2022
10k	54	Fraser Wigley	44 : 18	M	74.6%	43	38	13/02/2022
10k	55	Simon Brazil	44 : 26	M	71.1%	44	59	02/05/2022
10k	56	David Brewin	44 : 39	M	76.2%	45	32	13/02/2022
10k	56	Madeleine Baptista	44 : 39	F	66.6%	12	77	24/04/2022
10K	58	Nicole Hamilton	44 : 46	F	69.9%	13	61	20/11/2022
10k	59	Kelly Page	44 : 49	F	72.8%	14	49	02/05/2022
10k	60	Mark Pattinson	44 : 59	M	74.2%	46	42	24/04/2022
10k	61	Des Hoar	45 : 25	M	62.8%	47	97	24/04/2022
10k	62	Emily Wattret	45 : 38	F	65.1%	15	84	13/02/2022
10k	63	Andrew Allen	45 : 42	M	75.2%	48	35	13/02/2022
10k	64	Phil Davies	45 : 48	M	74.3%	49	41	24/04/2022
10k	65	Ian Hawkes	45 : 53	M	69.4%	50	63	26/06/2022
10k	66	David Lewis	46 : 23	M	66.9%	51	76	24/04/2022
10k	67	Richard Bulkley	46 : 25	M	66.2%	52	80	24/07/2022
10K	68	Chris Adams	46 : 40	M	64.8%	53	87	23/11/2022
10k	69	Simon Shanks	46 : 52	M	68.6%	54	67	24/07/2022
10k	70	Andy Howarth	47 : 3	M	68.3%	55	69	13/02/2022
10k	70	Camilla Finnigan-Gore	47 : 3	F	64.3%	16	90	13/02/2022
10k	72	Florrie Andrew	47 : 4	F	63.1%	17	94	24/04/2022
10k	73	Nicole Hambling	47 : 27	F	69.5%	18	62	24/04/2022
10k	74	Jason Nourse	47 : 30	M	63.6%	56	92	13/02/2022
10k	75	David Scotten	47 : 45	M	58.7%	57	109	24/07/2022
10k	76	Carl Pretorius	48 : 29	M	58.8%	58	108	26/06/2022
10k	77	David Shepherd	48 : 53	M	61.3%	59	102	24/04/2022
10k	78	Abi Frame	48 : 57	F	60.7%	19	103	02/05/2022
10K	79	Merilyn Davis	49 : 5	F	80.4%	20	12	13/11/2022
10k	80	Lee Madle	49 : 15	M	55.6%	60	113	24/04/2022
10k	81	Lea Rochester	49 : 18	M	65.8%	61	81	26/06/2022
10k	82	June Hall	49 : 27	F	80.9%	21	11	13/02/2022
10k	83	Dave Clark	49 : 34	M	65.5%	62	82	24/04/2022
10k	84	Izabel Grindal	50 : 12	F	74.7%	22	36	13/02/2022
10k	85	Julie Holmes	50 : 16	F	76.5%	23	30	13/02/2022
10k	86	Tim Ferguson	50 : 18	M	59.6%	63	106	13/02/2022
10k	87	John Beer	50 : 29	M	71.6%	64	56	24/04/2022

10k	88	Laura La Frenais	50 : 36	F	64.5%	24	88	02/05/2022
10K	89	Eddie Robertson	50 : 45	M	68.3%	65	68	13/02/2022
10k	90	Stuart Thompson	51 : 37	M	67.2%	66	74	24/04/2022
10k	91	Phil Hall	51 : 48	M	62.6%	67	98	24/04/2022
10k	92	Sally Boulton	52 : 44	F	81.3%	25	10	13/02/2022
10k	93	Katherine Brewer	52 : 54	F	63.0%	26	96	02/05/2022
10k	94	Ruth Cole	53 : 3	F	65.0%	27	86	13/02/2022
10k	95	Claire Cammack	53 : 12	F	59.7%	28	105	26/06/2022
10k	96	Julie Garner	53 : 16	F	71.3%	29	58	13/02/2022
10k	97	Paul Keeler	53 : 36	M	65.4%	68	83	13/02/2022
10k	98	Amanda Rencontre	53 : 44	F	67.2%	30	73	02/05/2022
10k	99	Baris Borucu	53 : 47	M	49.7%	69	124	13/02/2022
10k	100	Carol Dickinson	53 : 56	F	67.0%	31	75	13/02/2022
10k	101	Michael Barnett	53 : 59	M	57.5%	70	111	13/02/2022
10k	102	Joby Thomas	54 : 8	M	55.3%	71	115	13/02/2022
10k	103	Sue Waters	54 : 40	F	67.7%	32	71	24/04/2022
10k	104	Peter Wedderburn	54 : 54	M	65.1%	72	85	13/02/2022
10k	105	Thomas Eastwood	55 : 43	M	47.4%	73	129	24/07/2022
10k	106	Lynda Chase	55 : 45	F	75.8%	33	33	13/02/2022
10k	107	Mike Tivnen	55 : 47	M	62.2%	74	100	24/04/2022
10K	108	Hannah Pittaway	56 : 32	F	54.3%	34	118	10/04/2022
10k	109	Sabine Duffy	57 : 17	F	55.4%	35	114	26/06/2022
10k	110	Jon Forster	57 : 49	M	53.7%	75	120	02/05/2022
10k	111	Gail Caruana	58 : 2	F	68.0%	36	70	13/02/2022
10k	112	Kevin Jones	59 : 6	M	57.6%	76	110	02/05/2022
10k	113	Peter Thompson	59 : 30	M	49.5%	77	126	02/05/2022
10k	114	Jacqueline Sinclair	59 : 36	F	60.6%	37	104	24/04/2022
10k	115	Sophie Frame	60 : 27	F	64.4%	38	89	02/05/2022
10k	116	Suzanne Cardillo-Zallo	60 : 29	F	59.0%	39	107	26/06/2022
10k	117	Anne Woods	60 : 40	F	63.4%	40	93	24/07/2022
10k	118	Fanka Tsareva	60 : 56	F	49.7%	41	125	13/02/2022
10k	119	Richard Steeden	61 : 3	M	50.8%	78	123	13/02/2022
10k	120	Liz Zass	62 : 1	F	75.6%	42	34	26/06/2022
10k	121	Helen Brett	63 : 28	F	63.0%	43	95	13/02/2022
10k	122	Sarah Fogden	63 : 49	F	56.6%	44	112	13/02/2022
10k	123	Rosemarie Clancy	65 : 28	F	53.9%	45	119	13/02/2022
10k	124	Katherine Curtis Tyler	66 : 27	F	51.3%	46	122	24/04/2022
10k	125	Neil Frame	66 : 31	M	49.2%	79	127	02/05/2022
10k	126	Katharine Haynes	68 : 3	F	55.1%	47	116	26/06/2022
10k	127	Francesca Thomas	72 : 3	F	49.0%	48	128	13/02/2022
10k	128	Melanie Miller	76 : 25	F	46.2%	49	130	02/05/2022
10k	129	Carolyn Cooper-Burrows	85 : 0	F	53.5%	50	121	24/04/2022
10k	129	Maxine Kelly	85 : 0	F	54.3%	50	117	24/04/2022

Distance	Posn	Name	H	M	S	Gender	Grade	Gender Rank	Age Grade Rank	Date of Run
5 Miles	1	Ed Buckley		29	: 1	M	80.7%	1	7	17/12/2021
5 Miles	2	Lisa Bailey		29	: 59	F	82.8%	1	5	17/12/2021
5 Miles	3	James Ruskin		30	: 24	M	71.7%	2	14	10/01/2021

5 Miles	4	Eliza Hawthorn	31 : 5	F	76.8%	2	10	25/05/2021
5 Miles	5	Sarah Holt	31 : 6	F	79.3%	3	8	25/05/2021
5 Miles	6	Crispin Allen	31 : 14	M	76.8%	3	9	28/02/2021
5 Miles	7	Kate McIntyre	31 : 17	F	81.8%	4	6	04/09/2021
5 Miles	8	Laurence Duffy	31 : 18	M	82.9%	4	4	08/01/2021
5 Miles	9	Sophie Biggs	31 : 25	F	83.8%	5	3	09/01/2021
5 Miles	10	Jacky Balfour	33 : 20	F	90.8%	6	2	17/10/2021
5 Miles	11	Alexis Prince	33 : 26	F	74.8%	7	12	08/01/2021
5 Miles	12	Pamela Whitter	33 : 45	F	90.8%	8	1	02/01/2021
5 Miles	12	Richard Bowes	33 : 45	M	65.1%	5	17	25/05/2021
5 Miles	14	Bart Balus	33 : 55	M	66.3%	6	16	25/09/2021
5 Miles	15	Sarah Burdett	35 : 16	F	67.6%	9	15	02/01/2021
5 Miles	16	David Brewin	35 : 50	M	75.1%	7	11	08/01/2021
5 Miles	17	Katie West	37 : 9	F	72.4%	10	13	25/05/2021
5 Miles	18	Matt Parker	38 : 52	M	56.5%	8	20	14/02/2021
5 Miles	19	Mary Allen	40 : 7	F	61.9%	11	18	02/01/2021
5 Miles	20	Sue Hobbs	53 : 30	F	61.2%	12	19	11/02/2021

Distance	Posn	Name	Time	Gender	Grade	Gender Rank	Age Grade Rank	Date of Run
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Times marked with * have been adjusted as the course used for the 5k handicap in April was short.

5K	1	Sonny Maund	14 : 46	M	87.7%	1	3	15/09/2022
5K	2	Scott Singleton	16 : 24	M	78.4%	2	24	25/02/2022
5K	3	Tim Jenns	16 : 25	M	86.2%	3	6	14/06/2022
5k	4	Jim Lurkins	16 : 40	M	77.6%	4	26	21/05/2022
5K	5	Ed Buckley	17 : 25	M	82.6%	5	12	13/07/2022
5K	5	Ian Riley	17 : 25	M	75.5%	5	39	06/08/2022
5k	7	Filip Egierszдорff	17 : 26	M	81.2%	7	16	21/05/2022
5K	8	David Curtin	17 : 41	M	77.1%	8	29	06/08/2022
5k	9	Chi Ming Wu	17 : 43	M	79.3%	9	20	21/05/2022
5K	10	Andrew Simpson	17 : 49	M	76.5%	10	34	28/05/2022
5k	11	Eliza Hawthorn	17 : 50	F	82.6%	1	11	30/04/2022
5K	12	Lisa Bailey	17 : 56	F	85.4%	2	7	04/10/2022
5K	13	Crispin Allen	18 : 3	M	82.9%	11	9	25/08/2022
5k	14	Richard Baggott	18 : 14	M	72.1%	12	58	21/05/2022
5k	15	Donovan Duffy	18 : 23	M	77.0%	13	30	21/05/2022
5K	16	Laurence Duffy	18 : 24	M	87.0%	14	5	22/01/2022
5k	17	Roy Reeder	18 : 44	M	81.9%	15	14	21/05/2022
5K	18	Tom Haworth	18 : 55	M	67.9%	16	92	26/05/2022
5K	19	Harri Daniel	19 : 15	F	79.1%	3	21	30/06/2022
5K	20	Richard Bowes	19 : 24	M	69.8%	17	73	01/01/2022
5K	21	Philip Hammett	19 : 30	M	83.6%	18	8	28/07/2022
5k	22	Freysen Maritz	19 : 34	M	72.9%	19	55	21/05/2022
5k	23	John Cheal	19 : 49	M	75.5%	20	37	21/05/2022
5K	24	Jacky Balfour	19 : 59	F	93.7%	4	1	17/09/2022
5K	25	Katie Lawrence	20 : 1	F	73.6%	5	50	26/11/2022
5k	26	Liz Fraser	20 : 4	F	74.4%	6	44	21/05/2022
5k	27	Sarah Kinsella	20 : 6	F	75.3%	7	40	21/05/2022
5K	28	Sabrina Cant	20 : 7	F	77.3%	8	28	01/01/2022
5K	29	Robert Hodge	20 : 8	M	74.3%	21	46	26/11/2022

5k	30	Malcolm Davies		20 : 9	M	75.5%	22	38	28/04/2022
5k	31	Gareth Pritchard		20 : 14	M	74.0%	23	48	21/07/2022
5K	32	Matt Parker	*	20 : 20	M	67.0%	24	99	28/04/2022
5k	33	Mark Cannings		20 : 21	M	72.9%	25	54	21/05/2022
5K	34	Steve Clelland	*	20 : 22	M	66.0%	26	110	28/04/2022
5k	35	Sue Hall		20 : 23	F	82.7%	9	10	21/05/2022
5K	36	John Atherton	*	20 : 24	M	68.3%	27	86	28/04/2022
5K	37	Imogen Parker-Elms		20 : 25	F	72.5%	10	57	25/08/2022
5K	38	Julia Snaith		20 : 28	F	74.4%	11	43	23/01/2022
5K	39	Ian Robertson		20 : 31	M	77.4%	28	27	20/08/2022
5K	40	Pam Whitter		20 : 35	F	92.1%	12	2	17/04/2022
5K	41	Duncan McConnell		20 : 36	M	64.3%	29	121	25/08/2022
5K	41	Nicole Hamilton		20 : 36	F	74.4%	13	45	12/11/2022
5k	43	Malcolm Fletcher		20 : 37	M	79.0%	30	22	21/05/2022
5K	44	Simon Webb		20 : 40	M	66.5%	31	106	25/08/2022
5K	45	Libby Ferguson		20 : 51	F	78.2%	14	25	11/06/2022
5K	46	Kevin Price		20 : 55	M	74.6%	32	42	30/06/2022
5k	46	Richard Kennedy		20 : 55	M	76.5%	32	32	21/05/2022
5k	48	Rebecca Gravell		20 : 56	F	70.4%	15	67	21/05/2022
5k	49	Neil Browning		20 : 58	M	70.8%	34	66	21/05/2022
5k	50	Daniel Greenslade		21 : 10	M	66.4%	35	107	24/06/2022
5k	50	Lex Prince		21 : 10	F	73.5%	16	51	21/05/2022
5K	52	Amelia Tearle		21 : 18	F	69.2%	17	79	26/05/2022
5k	53	Tom Howarth		21 : 19	M	60.3%	36	142	26/06/2022
5k	54	Neil Mitchell		21 : 21	M	75.7%	37	36	30/06/2022
5K	55	Trevor Ford		21 : 27	M	67.0%	38	100	25/08/2022
5k	56	Sonia Bandeira		21 : 34	F	73.3%	18	52	21/05/2022
5K	57	Patricia Ronksley	*	21 : 40	F	87.5%	19	4	28/04/2022
5k	58	Florrie Andrew		21 : 47	F	67.6%	20	93	21/05/2022
5k	59	Ian Hawkes		21 : 48	M	71.6%	39	62	21/05/2022
5K	60	Chris Adams		21 : 49	M	68.0%	40	89	29/05/2022
5K	60	Phil Davies		21 : 49	M	76.0%	40	35	26/02/2022
5k	62	Helen Davies		21 : 59	F	76.7%	21	31	21/05/2022
5k	63	Richard Bulkley		22 : 1	M	68.5%	42	85	21/05/2022
5k	64	Simon Brazil		22 : 2	M	70.2%	43	69	21/05/2022
5K	65	Emily Wattret		22 : 3	F	66.8%	22	103	30/06/2022
5k	66	David Morley		22 : 10	M	67.0%	44	101	30/06/2022
5K	67	David Scotten		22 : 12	M	62.3%	45	132	21/07/2022
5k	67	Ian Peggs		22 : 12	M	67.4%	45	97	29/06/2022
5K	69	Rachel Simpson		22 : 16	F	73.2%	23	53	30/06/2022
5k	70	Des Hoar		22 : 18	M	63.0%	47	126	02/07/2022
5k	70	Steve Cochrane		22 : 18	M	71.8%	47	60	28/04/2022
5K	72	Dan Chiechi	*	22 : 24	M	63.2%	49	125	28/04/2022
5K	72	Emma Gray		22 : 24	F	80.6%	24	17	25/08/2022
5k	72	Stephen Penpraze		22 : 24	M	65.7%	49	111	21/05/2022
5k	75	Mark Bateman		22 : 27	M	65.1%	51	117	03/07/2022
5k	76	Shirley Buckley		22 : 32	F	82.1%	25	13	21/05/2022
5k	77	Nicole Hambling		22 : 35	F	71.4%	26	64	21/05/2022
5K	78	Mark Manners		22 : 36	M	69.0%	52	81	25/08/2022
5K	79	Mary Allen		22 : 37	F	68.2%	27	87	24/09/2022

5K	80	Andy Howarth	22 : 44	M	69.2%	53	78	30/06/2022
5k	80	Kelly Page	22 : 44	F	70.3%	28	68	21/05/2022
5k	82	Neil Carrington	22 : 49	M	64.0%	54	122	05/07/2022
5k	82	Simon Shanks	22 : 49	M	69.0%	54	83	21/05/2022
5k	84	Steve Baller	22 : 55	M	69.3%	56	77	21/05/2022
5k	85	Peter Colwill	22 : 56	M	71.7%	57	61	06/07/2022
5k	86	Ellis Madle	23 : 1	M	57.0%	58	161	21/05/2022
5K	87	Antony Maxwell	23 : 4	M	66.0%	59	109	28/07/2022
5k	88	Michael Trott	23 : 5	M	72.5%	60	56	21/05/2022
5k	89	Carl Pretorius	23 : 14	M	60.0%	61	144	21/05/2022
5k	90	Mike Taylor	23 : 21	M	67.4%	62	98	21/05/2022
5k	91	Lea Rochester	23 : 31	M	67.5%	63	96	30/06/2022
5K	92	John Beer	* 23 : 38	M	74.7%	64	41	28/04/2022
5k	93	Julie Haworth	23 : 46	F	81.8%	29	15	08/07/2022
5k	94	Ramona Thevenet	23 : 49	F	79.6%	30	19	09/07/2022
5K	95	Dave Clark	23 : 51	M	66.5%	65	104	02/07/2022
5k	96	Richard Gray	23 : 55	M	66.9%	66	102	21/05/2022
5K	97	John Taylor	23 : 56	M	69.3%	67	75	26/05/2022
5K	98	Merilyn Davis	23 : 59	F	80.1%	31	18	31/12/2022
5K	99	Lee Madle	* 24 : 5	M	56.2%	68	165	28/04/2022
5k	100	Phil Hall	24 : 13	M	65.5%	69	113	21/05/2022
5k	100	Richard Barman	24 : 13	M	63.9%	69	123	21/05/2022
5k	102	Jon Forster	24 : 15	M	62.7%	71	128	21/05/2022
5k	103	Julie Holmes	24 : 28	F	76.5%	32	33	12/07/2022
5k	104	Izabel Grindal	24 : 36	F	74.3%	33	47	21/07/2022
5K	105	Emma Molena	24 : 39	F	60.2%	34	143	21/07/2022
5K	106	David Venter	24 : 46	M	61.4%	72	137	25/08/2022
5K	107	Eddie Robertson	24 : 51	M	68.0%	73	90	05/02/2022
5k	108	Suzi Hornby	24 : 56	F	71.6%	35	63	30/06/2022
5k	109	Claire Cammack	25 : 4	F	62.0%	36	134	14/07/2022
5K	110	Alan Mawdsley	* 25 : 13	M	70.0%	74	70	28/04/2022
5k	110	David Worth	25 : 13	M	70.0%	74	70	21/05/2022
5K	112	Lynton Nicholson	* 25 : 16	M	67.5%	76	95	28/04/2022
5K	113	Nick Goodchild	25 : 20	M	59.6%	77	148	25/08/2022
5k	114	Becky Thurtell	25 : 21	F	73.9%	37	49	28/04/2022
5K	114	Peter Wedderburn	25 : 21	M	69.6%	78	74	25/08/2022
5K	116	Cathy Davis	25 : 30	F	70.0%	38	72	25/08/2022
5K	117	Dave Griffiths	* 25 : 32	M	67.5%	79	94	28/04/2022
5K	118	Steve Miller	25 : 34	M	64.3%	80	119	25/08/2022
5k	119	Joby Thomas	25 : 39	M	57.9%	81	155	21/05/2022
5K	120	Tom Eastwood	25 : 43	M	50.0%	82	187	30/06/2022
5K	121	Tom Bucke	25 : 47	M	60.0%	83	145	28/07/2022
5K	122	Janet Robinson	25 : 51	F	69.0%	39	82	26/05/2022
5k	123	John Turner	25 : 52	M	65.3%	84	115	21/05/2022
5k	124	Julie Garner	26 : 1	F	72.0%	40	59	21/05/2022
5K	125	Thomas Eastwood	26 : 13	M	49.0%	85	190	26/05/2022
5k	126	Sue Waters	26 : 19	F	68.6%	41	84	30/06/2022
5K	127	Sally Boulton	* 26 : 23	F	78.7%	42	23	28/04/2022
5k	128	Alexandra Mason	26 : 24	F	66.0%	43	108	17/07/2022
5k	129	Carys Galer	26 : 35	F	59.5%	44	149	21/05/2022

5k	130	Steve Lorde		26 : 42	M	58.4%	86	154	21/05/2022
5k	131	Charles Worth		26 : 44	M	60.4%	87	141	21/05/2022
5k	132	Noel Kelly		26 : 51	M	61.8%	88	136	21/05/2022
5k	133	Ed Randall		27 : 1	M	56.8%	89	162	21/05/2022
5k	133	Julie Melotte		27 : 1	F	69.3%	45	76	21/05/2022
5k	135	Danica Mcguinness		27 : 3	F	65.2%	46	116	21/05/2022
5k	136	Paul Keeler		27 : 5	M	63.0%	90	127	21/05/2022
5k	137	Iain Bell		27 : 6	M	56.6%	91	164	21/07/2022
5k	138	Amanda Rencontre		27 : 11	F	65.6%	47	112	20/07/2022
5k	139	Anne Woods		27 : 13	F	68.0%	48	91	28/04/2022
5k	140	Andrew Allen		27 : 14	M	62.0%	92	133	21/05/2022
5k	140	Wendy Stokes		27 : 14	F	62.6%	49	131	21/05/2022
5k	142	Nigel Clemens		27 : 19	M	57.6%	93	157	26/05/2022
5K	143	Kevin Jones		27 : 21	M	60.7%	94	140	26/05/2022
5K	144	Katherine Curtis Tyler	*	27 : 22	F	60.9%	50	139	28/04/2022
5K	145	Jacqueline Sinclair		27 : 26	F	64.3%	51	120	26/05/2022
5k	146	Sabine Duffy		27 : 28	F	56.2%	52	166	21/05/2022
5K	147	Jonty Archibald	*	27 : 34	M	54.7%	95	171	28/04/2022
5k	148	Gail Caruana		27 : 46	F	69.1%	53	80	30/06/2022
5k	149	Ali Kennedy		27 : 53	F	65.5%	54	114	21/05/2022
5K	150	Clive Kitson		27 : 57	M	61.0%	96	138	25/08/2022
5k	151	Carol Dickinson		28 : 8	F	62.7%	55	130	24/07/2022
5k	152	Breda McGree		28 : 9	F	68.2%	56	88	21/05/2022
5K	153	Alma Dedic	*	28 : 14	F	56.0%	57	168	28/04/2022
5k	154	Rob Allen		28 : 19	M	57.5%	97	158	21/05/2022
5K	155	Ingrid Wagner		28 : 31	F	61.8%	58	135	25/08/2022
5k	156	Vince Gannon		28 : 33	M	52.0%	98	182	21/05/2022
5K	157	Richard Steeden		28 : 39	M	53.1%	99	177	15/01/2022
5k	158	Tom Reay		28 : 59	M	63.6%	100	124	07/08/2022
5K	159	John Greaves		29 : 11	M	55.8%	101	169	30/06/2022
5K	160	Heather Hodge		29 : 17	F	58.9%	59	151	25/08/2022
5K	161	Suzanne Cardillo-Zallo		29 : 23	F	59.3%	60	150	25/06/2022
5k	162	Heloise Plumley		29 : 41	F	50.1%	61	186	21/07/2022
5k	163	Steve Martin		29 : 44	M	54.3%	102	173	21/05/2022
5K	164	John Dixon	*	29 : 53	M	52.2%	103	181	28/04/2022
5k	165	Alexandra Ruffer		30 : 0	F	66.5%	62	105	21/05/2022
5k	166	Rosemarie Clancy		30 : 7	F	57.2%	63	160	21/05/2022
5k	167	Vera Parfitt		30 : 47	F	58.7%	64	153	21/05/2022
5K	168	John Caruana		31 : 18	M	53.0%	104	178	25/08/2022
5k	168	Rachel O'Gara-Lu		31 : 18	F	47.3%	65	197	21/05/2022
5K	170	Chrissie Glew	*	31 : 42	F	64.7%	66	118	28/04/2022
5k	171	Graham Mortimer		31 : 53	M	58.8%	105	152	21/07/2022
5k	172	Pat Mcgrath		32 : 4	M	57.5%	106	159	21/05/2022
5k	172	Tracey Lenthall		32 : 4	F	50.3%	67	185	21/05/2022
5k	174	Laura Madle		32 : 16	F	47.5%	68	196	21/05/2022
5K	175	Nick Brown		32 : 19	M	47.9%	107	194	25/08/2022
5k	176	Mirella Genziani		32 : 33	F	49.6%	69	189	28/07/2022
5k	177	Katharine Haynes		32 : 34	F	56.1%	70	167	21/05/2022
5k	178	Sarah Hoseason		32 : 38	F	47.6%	71	195	21/05/2022
5k	179	Fenn Porter		32 : 46	F	45.0%	72	200	21/05/2022

5K	180	Helen Brett	32 : 59	F	59.7%	73	147	25/08/2022
5k	181	Dave Kelly	33 : 5	M	50.6%	108	184	21/05/2022
5K	182	Merran Sell	33 : 21	F	71.0%	74	65	30/06/2022
5k	183	Roger Wilson	33 : 22	M	48.0%	109	192	21/05/2022
5k	184	Chloe Hoseason	33 : 27	F	46.3%	75	198	21/05/2022
5k	185	Franz Werndle	34 : 7	M	53.2%	110	176	21/05/2022
5k	186	Keith Haworth	34 : 30	M	53.4%	111	174	21/05/2022
5k	187	Francesca Thomas	35 : 2	F	49.8%	76	188	21/05/2022
5k	188	Ann Jachmich	35 : 5	F	53.4%	77	175	21/05/2022
5k	189	Paul Graham	35 : 15	M	41.4%	112	206	21/05/2022
5K	190	Helene Hill	35 : 31	F	57.7%	78	156	16/01/2022
5k	191	Bert Kidwell	35 : 41	M	50.9%	113	183	26/05/2022
5K	192	Tim Wood	35 : 46	M	48.8%	114	191	25/08/2022
5k	193	Jim Desmond	35 : 48	M	42.5%	115	205	21/05/2022
5k	194	Glynda Mortimer	36 : 39	F	62.7%	79	129	21/07/2022
5K	195	Maxine Kelly	37 : 16	F	59.8%	80	146	25/08/2022
5k	196	Evelyn Greenslade	38 : 27	F	42.7%	81	204	31/07/2022
5k	197	Liz Collison	38 : 45	F	56.7%	82	163	21/05/2022
5k	198	Alice Greenslade	39 : 7	F	43.0%	83	203	02/08/2022
5k	199	Carolyn Cooper-Burrows	40 : 15	F	54.6%	84	172	28/04/2022
5K	200	Donald Bell	40 : 20	M	52.7%	116	180	25/08/2022
5k	201	Mike Bangham	40 : 32	M	55.4%	117	170	21/05/2022
5k	202	Stella Hammond	41 : 20	F	45.9%	85	199	26/05/2022
5k	203	Ray Coward	43 : 46	M	44.4%	118	202	21/05/2022
5k	204	Helen Nance	46 : 14	F	44.9%	86	201	04/08/2022
5k	205	Joy Bell	46 : 22	F	52.8%	87	179	05/08/2022
5k	206	Ann Coward	47 : 15	F	47.9%	88	193	21/05/2022
5k	207	Christine Mayo	58 : 18	F	35.6%	89	207	21/05/2022

Distance	Posn	Name	H	M	S	Gender	Grade	Gender Rank	Age Grade Rank	Date of Run
Half.Mar	1	Jim Lurkins	1	15	5	M	77.4%	1	11	08/05/2022
Half.Mar	2	Scott Singleton	1	16	23	M	76.0%	2	12	20/03/2022
Half.Mar	3	Pete Gregorowski	1	19	24	M	77.8%	3	10	20/02/2022
Half.Mar	4	Ed Buckley	1	19	33	M	80.3%	4	7	20/02/2022
Half.Mar	5	Filip Egierszдорff	1	19	38	M	78.2%	5	9	08/05/2022
Half.Mar	6	Crispin Allen	1	20	46	M	81.9%	6	5	08/05/2022
Half.Mar	7	Sarah Holt	1	21	37	F	82.2%	1	4	20/02/2022
Half.Mar	8	Ian Riley	1	22	36	M	70.9%	7	27	23/10/2022
Half.Mar	9	Andrew Simpson	1	22	45	M	72.9%	8	21	20/02/2022
Half.Mar	10	Chi Ming Wu	1	22	48	M	75.3%	9	15	20/02/2022
Half.Mar	11	David Curtin	1	22	54	M	72.7%	10	22	25/09/2022
Half.Mar	12	Sam Hawthorn	1	24	31	M	68.6%	11	33	27/02/2022
Half.Mar	13	Paul Bowden	1	25	30	M	72.3%	12	23	08/05/2022
Half.Mar	14	Dean Morley	1	26	45	M	79.8%	13	8	20/02/2022
Half.Mar	15	Steve Smith	1	27	45	M	83.6%	14	3	08/05/2022
Half.Mar	16	Danny Glebocki	1	27	50	M	66.1%	15	41	08/05/2022
Half.Mar	17	Madeleine Garner	1	28	15	F	73.1%	2	19	20/02/2022
Half.Mar	18	Andrew Churchill	1	28	37	M	70.9%	16	26	20/02/2022
Half.Mar	19	Nick Little	1	31	12	M	75.9%	17	13	08/05/2022

Half.Mar	20	Jacky Balfour	1 : 32 : 1	F	89.9%	3	1	22/05/2022
Half.Mar	21	Martin Vivian	1 : 32 : 35	M	70.8%	18	28	20/02/2022
Half.Mar	22	Richard Bowes	1 : 32 : 38	M	65.1%	19	43	08/05/2022
Half.Mar	23	Phyllis Flynn	1 : 33 : 32	F	87.3%	4	2	08/05/2022
Half.Mar	24	Gareth Pritchard	1 : 34 : 18	M	70.2%	20	31	08/05/2022
Half.Mar	25	Ian Robertson	1 : 35 : 25	M	74.7%	21	16	23/10/2022
Half.Mar	26	Tiago Ramos	1 : 35 : 49	M	64.5%	22	47	08/05/2022
Half.Mar	27	Philip Hammett	1 : 36 : 4	M	75.6%	23	14	08/05/2022
Half.Mar	28	Daniel Greenslade	1 : 36 : 20	M	64.7%	24	45	20/02/2022
Half.Mar	29	Libby Ferguson	1 : 38 : 13	F	73.5%	5	18	28/08/2022
Half.Mar	30	Denis Mustafa	1 : 38 : 29	M	69.0%	25	32	08/05/2022
Half.Mar	31	Aaron Israel	1 : 39 : 5	M	65.1%	26	44	08/05/2022
Half.Mar	32	Kelly Page	1 : 39 : 27	F	71.0%	6	25	08/05/2022
Half.Mar	33	Matt Parker	1 : 39 : 39	M	60.5%	27	54	08/05/2022
Half.Mar	34	Nicole Hamilton	1 : 39 : 49	F	67.7%	7	35	09/10/2022
Half.Mar	35	Richard Bulkley	1 : 41 : 30	M	66.4%	28	40	08/05/2022
Half.Mar	36	Phil Davies	1 : 41 : 47	M	73.5%	29	17	08/05/2022
Half.Mar	37	Ian Hawkes	1 : 43 : 0	M	67.9%	30	34	08/05/2022
Half.Mar	38	Andrew Allen	1 : 43 : 32	M	73.0%	31	20	20/02/2022
Half.Mar	39	Des Hoar	1 : 43 : 55	M	60.0%	32	57	08/05/2022
Half.Mar	40	Andy Howarth	1 : 45 : 30	M	66.9%	33	36	20/02/2022
Half.Mar	41	Jason Nourse	1 : 45 : 44	M	62.6%	34	50	20/02/2022
Half.Mar	42	Camilla Finnigan-Gore	1 : 45 : 49	F	61.8%	8	51	20/02/2022
Half.Mar	43	Julia Snaith	1 : 46 : 4	F	63.2%	9	49	08/05/2022
Half.Mar	44	Simon Shanks	1 : 46 : 5	M	66.5%	35	39	08/05/2022
Half.Mar	45	Emily Wattret	1 : 46 : 41	F	60.5%	10	55	08/05/2022
Half.Mar	46	Hilary Davies	1 : 46 : 59	F	70.8%	11	29	20/02/2022
Half.Mar	47	June Hall	1 : 47 : 33	F	81.3%	12	6	20/02/2022
Half.Mar	48	Lea Rochester	1 : 49 : 11	M	65.2%	36	42	08/05/2022
Half.Mar	49	Michael Barnett	1 : 51 : 24	M	61.0%	37	53	20/02/2022
Half.Mar	50	Jeannie Taylor	1 : 52 : 8	F	66.7%	13	38	20/02/2022
Half.Mar	51	David Shepherd	1 : 54 : 0	M	57.0%	38	60	08/05/2022
Half.Mar	51	Izabel Grindal	1 : 54 : 0	F	71.6%	14	24	08/05/2022
Half.Mar	53	Abi Frame	1 : 54 : 10	F	56.5%	15	61	20/02/2022
Half.Mar	53	Stuart Thompson	1 : 54 : 10	M	66.9%	39	37	20/02/2022
Half.Mar	55	Philip Tauwhare	1 : 55 : 40	M	60.4%	40	56	08/05/2022
Half.Mar	56	Sophie Rees	1 : 58 : 14	F	61.8%	16	52	08/05/2022
Half.Mar	57	Patrick Bevan	1 : 58 : 17	M	55.5%	41	62	20/02/2022
Half.Mar	58	Tom Bucke	2 : 1 : 11	M	57.1%	42	59	20/02/2022
Half.Mar	59	Amanda Rencontre	2 : 3 : 6	F	63.8%	17	48	20/02/2022
Half.Mar	60	Hannah Pittaway	2 : 5 : 55	F	52.6%	18	64	08/05/2022
Half.Mar	61	Becky Peirani	2 : 6 : 18	F	55.3%	19	63	20/02/2022
Half.Mar	62	Jane Tatnell	2 : 6 : 27	F	64.6%	20	46	20/02/2022
Half.Mar	63	Sally Boulton	2 : 13 : 4	F	70.7%	21	30	08/05/2022
Half.Mar	64	Sophie Frame	2 : 28 : 1	F	57.5%	22	58	20/02/2022
Half.Mar	65	Julian Jessop	2 : 28 : 57	M	46.1%	43	65	20/02/2022

Distance	Posn	Name	H	M	S	Gender	Grade	Gender Rank	Age Grade Rank	Date of Run
Marathon	1	Jim Lurkins	2	38	52	M	76.7%	1	11	03/04/2022

Marathon	2	Scott Singleton	2 : 44 : 55	M	73.8%	2	16	10/04/2022
Marathon	3	Chi Ming Wu	2 : 46 : 31	M	79.1%	3	5	09/10/2022
Marathon	4	Sarah Holt	2 : 47 : 51	F	82.9%	1	1	02/10/2022
Marathon	5	Matthew Coakes	2 : 50 : 39	M	77.2%	4	8	02/10/2022
Marathon	6	Chris Coates	2 : 50 : 59	M	72.9%	5	19	04/12/2022
Marathon	7	Filip Egierszдорff	2 : 51 : 41	M	76.1%	6	12	03/04/2022
Marathon	8	Crispin Allen	2 : 51 : 42	M	81.5%	7	2	02/10/2022
Marathon	9	Andrew Simpson	2 : 52 : 29	M	73.3%	8	17	03/04/2022
Marathon	10	Ed Buckley	2 : 53 : 24	M	77.3%	9	7	12/03/2022
Marathon	11	Eliza Hawthorn	2 : 53 : 50	F	77.1%	2	9	02/10/2022
Marathon	12	Donovan Duffy	2 : 54 : 53	M	76.0%	10	13	04/12/2022
Marathon	13	David Curtin	2 : 56 : 18	M	71.7%	11	21	16/10/2022
Marathon	14	James Drake	3 : 0 : 46	M	71.1%	12	23	02/10/2022
Marathon	15	Dean Morley	3 : 1 : 52	M	79.8%	13	4	24/04/2022
Marathon	16	Danny Glebocki	3 : 3 : 21	M	66.4%	14	26	02/10/2022
Marathon	17	Sam Hawthorn	3 : 3 : 24	M	66.3%	15	27	25/09/2022
Marathon	18	Tom Gwynn	3 : 11 : 1	M	64.9%	16	28	06/11/2022
Marathon	19	Claire Curtin	3 : 11 : 36	F	71.7%	3	22	09/10/2022
Marathon	20	Philip Hammett	3 : 11 : 52	M	80.1%	17	3	02/10/2022
Marathon	21	Steve Smith	3 : 14 : 23	M	79.1%	18	6	03/04/2022
Marathon	22	Ian Robertson	3 : 18 : 5	M	75.4%	19	14	25/09/2022
Marathon	23	Libby Ferguson	3 : 18 : 45	F	75.1%	4	15	09/10/2022
Marathon	24	Nick Little	3 : 18 : 54	M	73.0%	20	18	09/10/2022
Marathon	25	Libby Ferguson	3 : 27 : 18	F	72.0%	5	20	10/04/2022
Marathon	26	Ana Ramos	3 : 34 : 8	F	67.3%	6	25	23/10/2022
Marathon	27	Kevin Price	3 : 35 : 48	M	67.9%	21	24	29/10/2022
Marathon	28	Aaron Israel	3 : 36 : 16	M	62.5%	22	31	10/04/2022
Marathon	29	Robert Hodge	3 : 38 : 48	M	64.0%	23	30	04/12/2022
Marathon	30	Denis Mustafa	3 : 41 : 1	M	64.5%	24	29	03/04/2022
Marathon	31	Nicole Hamilton	3 : 46 : 9	F	61.5%	7	33	02/10/2022
Marathon	32	Pedro Das Gupta	3 : 53 : 47	M	61.5%	25	32	03/04/2022
Marathon	33	Merilyn Davis	3 : 54 : 47	F	76.8%	8	10	02/10/2022
Marathon	34	David Scotten	4 : 5 : 0	M	52.4%	26	39	02/10/2022
Marathon	35	Kelly Page	4 : 10 : 41	F	58.8%	9	35	06/11/2022
Marathon	36	Noel Hollingsworths	4 : 15 : 20	M	59.6%	27	34	29/10/2022
Marathon	37	Neil Carrington	4 : 15 : 31	M	53.8%	28	38	29/10/2022
Marathon	38	Bart Balus	4 : 18 : 35	M	49.7%	29	40	03/04/2022
Marathon	39	Dave Clark	4 : 24 : 11	M	56.5%	30	37	10/04/2022
Marathon	40	Dan Partridge	5 : 26 : 28	M	42.1%	31	42	02/10/2022
Marathon	41	Abi Frame	6 : 10 : 56	F	36.1%	10	43	02/10/2022
Marathon	42	Sophie Frame	6 : 18 : 45	F	46.9%	11	41	02/10/2022
Marathon	43	Liz Zass	6 : 27 : 42	F	57.8%	12	36	02/10/2022

N.B. You can submit the time for additional runs using this link

[Club Ladder](#)

If you think your time, or the date of the run is wrong, just submit it again using the same link and it will be included next time. Thanks!

The age-grades are calculated using the latest (2020) tables and so may be lower than shown on websites using older (2010 or 2015) tables.

Follow this link to an age-grade calculator with all the tables.

[Age-Grade-Calculator](#)